

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

Day 20

By now, your fast has led you through many different emotions and levels of God's presence. You are beginning to see the reward of the humbling of your flesh that can only take place during a fast. You are dying to your own will and desires, and sensing the desires of His heart filling you and prompting you to great things. Continue on this journey!

On Your Twentieth Day of Fasting, remember:

Stay in God's Word

Continue to drink water

Pray for guidance and strength

Worship God through music and praise

Document your thoughts in your journal

Physical and Spiritual Effects:

Weight loss continues

You become more aware of the Lord's presence all around you

Cravings are apparent, but you've lasted this long!

Thoughts for your Journal:

Take some time today and go back to read your journal entries from the start of the fast to this 20th day.

What do your journal entries tell you about your own personal journey these last three weeks?

Take a moment and journal about the breakthroughs you have experienced or key things the Lord has shown you during the fast. Spend time in prayer and thanksgiving.

Attention:

Read this > Luke 4:1-13

This will probably be the toughest week of this 21 day fast. You are getting closer to the end of this fast. Satan will try and tempt you every way he can. He doesn't want you to accomplish this fast. Read the word extra hard, Pray even more and Worship even Longer.

Prayer Focus Day 20: Laborers into the Harvest Field

God said, "Ask of Me, and I will surely give the nations as Your inheritance, And the very ends of the earth as Your possession" (Ps 2:8 NKJV). Jesus told us to, "Ask the Lord of the harvest, therefore, to send out workers into the harvest field" (Matthew 9:38). On this the 20th day of your fast, focus your prayers on these two key instructions from heaven. Cry out for the lost and hurting, the poor, the addicted. Ask Him to send missionaries, ambassadors of His Word into the earth.

The people living in darkness have seen a great light; on those living in the land of the shadow of death a light has dawned.

(Matthew 4:16)

Read the Scripture then pray the prayer afterward.

Ecclesiastes 10:10 Amplified Bible (AMP)

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Ecclesiastes 10:10 Amplified Bible (AMP)

10 If the ax is dull and the man does not whet the edge, he must put forth more strength; but wisdom helps him to succeed.

Father, I am grateful that wisdom sharpens my life, and it brings me to great understanding.

Ecclesiastes 1:13 Amplified Bible (AMP)

13 And I applied myself by heart *and* mind to seek and search out by [human] wisdom all human activity under heaven. It is a miserable business which God has given to the sons of man with which to busy themselves.

Father, I have set my heart to seek and search out wisdom concerning all that is done under heaven, for this burden You have given me

Ecclesiastes 7:12 Amplified Bible (AMP)

12 For wisdom is a defense even as money is a defense, but the excellency of knowledge is that wisdom shields *and* preserves the life of him who has it.

Father, I thank you that wisdom is a defense as money is a defense, but I know that wisdom is far greater, for it brings life to me because I have it.

Ecclesiastes 7:23 Amplified Bible (AMP)

23 All this have I tried *and* proved by wisdom. I said, I will be wise [independently of God]—but it was far from me.

Father, I thank you that I am proved by wisdom, for I have declared, "I will be wise."