

Developing a Strong Spirit

4 Part series PART 3

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“Scripture quotations taken from the Amplified Bible.”

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Memorizing Scripture
Love, Forgiveness, Make Disciples

FOUNDATION SCRIPTURE:

Proverbs 18:14

Amplified Bible (AMP)

“The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?”

“A strong spirit makes a way for God to move. If you’re talking doubt and unbelief, it shuts the door to the supernatural. Having a strong spirit keeps the door open for God to move.”

Proverbs 18:14

Amplified Bible

Proverbs 18:14—A Strong Spirit Will Get Us Through Anything.

SEVEN BENEFITS OF A STRONG SPIRIT

1) A Strong Spirit Will Get You Through Anything

2) A Strong Spirit Will Help You Receive From God

3) A Strong Spirit Will Help You Hold on to What You Receive

4) A Strong Spirit Will Help You Resist the Devil and Temptation

Ephesians 6:10-11

Amplified Bible

In conclusion, be strong in the Lord [be empowered through your union with Him]; draw your strength from Him [that strength which His boundless might provides].
11. Put on God's whole armor [the armor of a heavy-armed soldier which God supplies], that you may be able successfully to stand up against [all] the strategies *and* the deceits of the devil.

5) A Strong Spirit Will Help You Help Others

Romans 15:1

Amplified Bible

We who are strong [in our convictions and of robust faith] ought to bear with the failings *and* the frailties *and* the tender scruples of the weak; [we ought to help carry the doubts and qualms of others] and not to please ourselves.

Luke 22:31-32

Amplified Bible

³¹ Simon, Simon (Peter), listen! Satan has asked excessively that [all of] you be given up to him [out of

the power and keeping of God], that he might sift [all of] you like grain,

³² But I have prayed especially for you [Peter], that your [own] faith may not fail; and when you yourself have turned again, strengthen *and* establish your brethren.

BBE: "Make your brothers strong."

6) A Strong Spirit Will Help You Withstand Impact and Pressure

Example: Skyscrapers in San Francisco designed to absorb the shock of earthquakes

Luke 6:47-49

Amplified Bible

⁴⁷ For everyone who comes to Me and listens to My words [in order to heed their teaching] and does them, I will show you what he is like:

⁴⁸ He is like a man building a house, who dug and went down deep and laid a foundation upon the rock; and when a flood arose, the torrent broke against that house and could not shake *or* move it, because it had been securely built *or founded on a rock*.

⁴⁹ But he who merely hears and does not practice doing My words is like a man who built a house on the ground without a foundation, against which the torrent burst, and immediately it collapsed *and* fell, and the breaking *and* ruin of that house was great.

The storm could not shake the house.

James 2:2-4

Amplified Bible

² For if a person comes into your congregation whose hands are adorned with gold rings and who is wearing splendid apparel, and also a poor [man] in shabby clothes comes in,

³ And you pay special attention to the one who wears the splendid clothes and say to him, Sit here in this preferable seat! while you tell the poor [man], Stand there! or, Sit there on the floor at my feet!

⁴ Are you not discriminating among your own and becoming critics *and* judges with wrong motives?

Pressure on faith puts the force of patience to work.

7) A Strong Spirit Will Build a Protective Barrier:

a) Around Your Heart Sickness can't penetrate it.

b) Discouragement can't sway it.

c) Fear can't stop it.

d) Offense can't enter it.

Psalms 112:6-8

Amplified Bible

He will not be moved forever; the [uncompromisingly] righteous (the upright, in right standing with God) shall be in everlasting remembrance.

⁷ He shall not be afraid of evil tidings; his heart is firmly fixed, trusting (leaning on and being confident) in the Lord.

⁸ His heart is established *and* steady, he will not be afraid while he waits to see his desire established upon his adversaries.

WHY DEVELOPING YOUR SPIRIT MUST BE A PRIORITY

“The weakest person can take the Word of God and develop a strong spirit.”

“There is no limit to our capacity, to how strong we can become.”

Man Is a Three-Part Being

1 Thessalonians 5:23

Amplified Bible

²³ And may the God of peace Himself sanctify you through and through [separate you from profane things, make you pure and wholly consecrated to God]; and may your spirit and soul and body be preserved sound *and* complete [and found] blameless at the coming of our Lord Jesus Christ (the Messiah).

Develop a spirit consciousness by saying:

- a. I am a spirit.
- b. I have a soul.
- c. I live in a physical body.

The Threefold Nature of Man

The spirit is the life of the man.

- a. The hand in the glove
- b. The knife in the sheath
- c. The sword in the scabbard
- d. The gun in the holster

The life that is in your body comes from your spirit, and the life that is in your spirit comes from God.

Proverbs 20:27

Amplified Bible

²⁷ The spirit of man [that factor in human personality which proceeds immediately from God] is the lamp of the Lord, searching all his innermost parts.

We believe with the heart.

Romans 10:10

Amplified Bible

¹⁰ For with the heart a person believes (adheres to, trusts in, and relies on Christ) and so is justified (declared righteous, acceptable to God), and with the mouth he confesses (declares openly and speaks out freely his faith) *and* confirms [his] salvation.

“You’re going to have to feed me if I’m going to continue shopping!’ Likewise, we have to ‘eat’ the Word.” —

The Spirit of Man Must Be Protected

Proverbs 4:20-23

Amplified Bible

²⁰ My son, attend to my words; consent *and* submit to my sayings.

²¹ Let them not depart from your sight; keep them in the center of your heart.

²² For they are life to those who find them, healing *and* health to all their flesh.

²³ Keep *and* guard your heart with all vigilance *and* above all that you guard, for out of it flow the springs of life.

Verse 23 (AMP/KJV): Keep, guard and protect your heart (your spirit) with all vigilance and diligence and above all that you guard, for out of it (out of your spirit) flow the issues, the life forces and the springs of life

The forces of life from God come through our spirit to get to our mind and body.

They are the life forces that sustain us.

It must become standard protocol that we feed our spirits.

James 2:26

Amplified Bible

²⁶ For as the human body apart from the spirit is lifeless, so faith apart from [its] works of obedience is also dead.

- a. Your spirit is the generator and the power plant.
- b. It is the most important part of your life.

2 Corinthians 4:16

Amplified Bible

¹⁶ Therefore we do not become discouraged (utterly spiritless, exhausted, and wearied out through fear). Though our outer man is [progressively] decaying *and* wasting away, yet our inner self is being [progressively] renewed day after day.

Ephesians 3:14-16

Amplified Bible

¹⁴ For this reason [seeing the greatness of this plan by which you are built together in Christ], I bow my knees before the Father *of our Lord Jesus Christ*,

¹⁵ For Whom every family in heaven and on earth is named [that Father from Whom all fatherhood takes its title and derives its name].

¹⁶ May He grant you out of the rich treasury of His glory to be strengthened *and* reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality].

a. The stronger your spirit, the more you are able to receive and resist.

b. A strong spirit will get you through anything.