

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

Day 8

Day 8: Walk with God:

Can you imagine what it must have been like to be Adam or Eve, walking with our glorious God in peace of the Garden? Tragedy of tragedies – they chose to give up that glorious place for something to eat! Fasting prepares the way for God to communicate clearly with you, to give you fresh revelations, fresh visions and clear purpose. You are already past the 7th day. Do not grow weary. Stay the course, finish the race. An incredible reward awaits you on the other side.

On Your Seventh Day of Fasting, remember:

Pray and stay in God's Word
Drink lots of water –juice add some lemon to it
Rest and relax as much as possible, Listen as You Pray
Continue to meditate and listen

Physical and Spiritual Effects:

Senses are heightened (physically and spiritually)
You begin to discover what is known as the "sweet spot" – a place that you hit that will be as though you slipped through the veil and walked right into the Holy of Holies
Cravings can occur, especially triggered by pictures and smells
Weight Loss continues
You may or may not have Bad Breath

Thoughts for your Journal:

Reflect on how there is great power and supernatural blessing that awaits you as you forsake all flesh for the chance to know the Savior and to hear His voice.

Prayer Focus Day 8: Marriages

Marriage doesn't take two...it takes three. You cannot have a good marriage if God is not at the center of it. And that applies to those who are single as well. Your courting days should be centered on Christ and purity – establishing a firm foundation for the future. Today, if you are married, cover your spouse and your marriage with prayer. Pray for others in your family and circle of friends who are married. Marriage is under attack by the enemy in this country! If you are single, pray that God will bring you His utmost choice for your life, and commit to settle for nothing less!

Praying for Marriages:

However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.
(Ephesians 5:33)

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Hebrews 6:18-19 Amplified Bible (AMP)

18 This was so that, by two unchangeable things [His promise and His oath] in which it is impossible for God ever to prove false *or* deceive us, we who have fled [to Him] for refuge might have mighty indwelling strength *and* strong encouragement to grasp *and* hold fast the hope appointed for us *and* set before [us].

19 [Now] we have this [hope] as a sure and steadfast anchor of the soul [it cannot slip and it cannot break down under whoever steps out upon it—a hope] that reaches farther *and* enters into [the very certainty of the Presence] within the veil,

Father, I am so grateful that it is impossible for you to lie so that I might have courage to lay hold upon Your promises with confidence. And this confidence is an anchor of my soul, both sure and steadfast and it will lead me through the curtain of heaven and into your inner sanctuary.

Isaiah 1:19 Amplified Bible (AMP)

19 If you are willing and obedient, you shall eat the good of the land;

Father, I thank You that I am willing and obedient and therefore, I shall eat the best of the land.

Isaiah 40:31 Amplified Bible (AMP)

31 But those who wait for the Lord [who expect, look for, and hope in Him] shall change *and* renew their strength *and* power; they shall lift their wings *and* mount up [close to God] as eagles [mount up to the sun]; they shall run and not be weary, they shall walk and not faint *or* become tired.

Father, I thank You that as I wait upon You, I'll renew my strength. I shall mount up with wings like eagles, I shall run, and I will not be weary; and I shall walk, and I will not faint.

Isaiah 43:1-3 Amplified Bible (AMP)

43 But now [in spite of past judgments for Israel's sins], thus says the Lord, He Who created you, O Jacob, and He Who formed you, O Israel: Fear not, for I have redeemed you [ransomed you by paying a price instead of leaving you captives]; I have called you by your name; you are Mine.

2 When you pass through the waters, I will be with you, and through the rivers, they will not overwhelm you. When you walk through the fire, you will not be burned *or* scorched, nor will the flame kindle upon you.

3 For I am the Lord your God, the Holy One of Israel, your Savior; I give Egypt [to the Babylonians] for your ransom, Ethiopia and Seba [a province of Ethiopia] in exchange [for your release].

Father, I thank You that I shall not fear for You have redeemed me. You have called me by Your Name and I belong to You. When I pass through the waters in great trouble, You are with me. When I go through the rivers of difficulty, I will not drown. When I walk through the fire of oppression, I will not be burned and the flames will not consume me, for You are the Holy One of Israel. You are my Savior.