

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

Day 12

Day 12: The Holy Spirit is Using Your Fast?

The Holy Spirit is using your fast to reveal your true spiritual condition, resulting in brokenness, repentance, and a transformable life. God looks throughout the earth for those faithful few upon whom He can pour out His blessing in extraordinary ways. When you fast, you attract His attention as one willing to venture beyond the norms of religion and into the great adventure.

On Your twelfth Day of Fasting, remember:

Pray and stay in God's Word
Drink lots of water –juice add some lemon to it
Rest to maintain your energy
Continue to focus on God
Mints will keep your breath fresh

Physical and Spiritual Effects:

God's presence is apparent and heightened
Weight loss continues
Detoxification process continues
Hunger is still an issue, but keep focused

Thoughts for your Journal:

What has God revealed to you personally?
Reflect on what it means to present your body as a living sacrifice through your time of fasting.

Attention:

Change Your Way of Thinking!
Examine Yourself!

Prayer Focus Day 12: Right Relationships and Kingdom Connections

People can be used in our lives as blessings of God, or as tools of the enemy. You have to be able to "discern" the difference between the two. There are "flesh people" who tear you down, but there are "faith people" who build you up and help you unlock your potential. "Flesh people" feed your fear and cause you to feel like you've lost your dream. The "right relationships" begin to instill in you a 'can do' attitude. You begin to stretch your thinking, "Well, maybe I can do that." You can be "catapulted" by the relationships that God puts in your life. So as you continue to fast and press in to Him today, seek His counsel on the relationships in your life. Which ones are draining you? Which ones are supporting you? Which do you represent to others?

Place to write your praise reports!

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

My sheep hear my voice, and I know them, and they follow me.
(John 10:27)

1 John 4:18 Amplified Bible (AMP)

18 There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors *and* expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection].

Thank you Father, that your love for me casts out all fear. I am grateful that I am made perfect in your love.

1 John 5:14-15 Amplified Bible (AMP)

14 And this is the confidence (the assurance, the privilege of boldness) which we have in Him: [we are sure] that if we ask anything (make any request) according to His will (in agreement with His own plan), He listens to *and* hears us.

15 And if (since) we [positively] know that He listens to us in whatever we ask, we also know [with settled and absolute knowledge] that we have [granted us as our present possessions] the requests made of Him.

Thank you Father that I have the confidence and assurance and the privilege of boldness to make my requests known to you. I know that when I make these requests that they will surely come to pass as I believe you.