

Developing a Strong Spirit

4 Part series

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“Scripture quotations taken from the Amplified Bible.”

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FOUNDATION SCRIPTURE:

Proverbs 18:14

Amplified Bible (AMP)

“The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?”

“A strong spirit makes a way for God to move. If you’re talking doubt and unbelief, it shuts the door to the supernatural. Having a strong spirit keeps the door open for God to move.”

Proverbs 18:14

Amplified Bible

Proverbs 18:14—A Strong Spirit Will Get Us Through Anything.

“The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?”

A strong spirit will cause us to overcome physical attacks, financial problems, relational difficulties, job/career/ministerial setbacks, emotional challenges—everything the devil throws our way.

We can build a barrier, a force field, a wall of protection around us so when the storms of life hit, we stand like a rock—unshaken and unmovable.

Our spirits can become so rooted, grounded and established in the Word that we can actually repel disease, stop care, resist sin, override doubt, dissolve offense and block pressure.

We can build up our spiritual immune system to such a degree that sickness can't penetrate it, discouragement can't sway it, fear can't stop it, bad news can't move it and adversity can't affect it.

“How do we know if we're there?”

By what we are saying. Colleen and I learned to not ever give the devil place by what we are saying.”

Luke 6:45

Amplified Bible (AMP)

The upright (honorable, intrinsically good) man out of the good treasure [stored] in his heart produces what is upright (honorable and intrinsically good), and the evil man out of the evil storehouse brings forth that which is depraved (wicked and intrinsically evil); for out of the abundance (overflow) of the heart his mouth speaks.

“You get accustomed to living in the supernatural. We didn’t say it is always easy, but the Word will always work.”

The Degree of Success We Experience Is Directly Connected to the Condition of Our Spirits.

3 John 2

Amplified Bible (AMP)

Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well *and* prospers.

“Dear friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit.”

Without proper care, our spiritual immune system will weaken, opening the door to the effects of the curse.

The lack of success is an indicator of a weak spirit.

Our spirits must be fed, strengthened, trained, developed and exercised in the same way we do our bodies and minds.

We can become so spiritually strong that our mountain-moving faith will produce mighty results, unhindered by any force.

“When John said we should prosper and be in health, he added the phrase, ‘even as thy soul prospereth.’ Man is a spirit; he has a soul consisting of the mind, the will and the emotions; and he lives in a body. Thus, there is

spiritual prosperity; there is mental prosperity; and there is physical prosperity.

“To prosper spiritually, you must be born again. When you accept Jesus as your Savior and make Him the Lord of your life, your spirit is reborn and brought into fellowship with the Father, the Almighty God.

This then puts you in a position to receive from Him all the things promised in His Word.”

How do you get a strong spirit? You must keep the Word of God going into your ears and eyes, let it be in your heart and come out of your mouth.

Ephesians 6:10

Amplified Bible (AMP)

Ephesians 6:10—Be Strong in the Lord and in the Power of His Might.

“In conclusion, be strong in the Lord [be empowered through your union with Him]; draw your strength from Him [that strength which His boundless might provides].”

Ephesians 3:10

Amplified Bible (AMP)

Beat your plowshares into swords, and your pruning hooks into spears; let the weak say, I am strong [a warrior]!

Every believer has the potential to walk in a greater place of supernatural strength.

The stronger our spirits, the easier it is to receive, resist and stand.

The ultimate goal of developing a strong spirit is so we can be strong enough to strengthen others.

“When you have a strong spirit, you can overcome anything. The bigger the problem, the stronger you are. As you put the Word in your eyes and ears and get it in your heart, it produces faith. You apply the Word to your circumstances and it works.”