

Developing a Strong Spirit

4 Part series PART 2

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“Scripture quotations taken from the Amplified Bible.”

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FOUNDATION SCRIPTURE:

Proverbs 18:14

Amplified Bible (AMP)

“The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear?”

“A strong spirit makes a way for God to move. If you’re talking doubt and unbelief, it shuts the door to the supernatural. Having a strong spirit keeps the door open for God to move.”

Proverbs 18:14

Amplified Bible

Proverbs 18:14—A Strong Spirit Will Get Us Through Anything.

SEVEN BENEFITS OF A STRONG SPIRIT

“When you have a strong spirit you will rise up and declare your rights in Christ Jesus!”

“You have to have something to say, and what to say only comes from the Word.”

“When the devil puts the squeeze on you, only the Word should come out.”

1) **A Strong Spirit Will Get You Through Anything**

A strong spirit will cause us to overcome physical attacks, financial problems, relational/marital difficulties, job/career/ministerial setbacks, emotional challenges—everything the devil throws our way.

Proverbs 24:14

Amplified Bible

Proverbs 24:10 (AMP): “If you faint in the day of adversity, your strength is small.”^aYour spirit is weak.

Proverbs 18:14

New Living Translation

“If you fail under pressure, your strength is too small.”

If you stand firm and succeed under pressure, your spirit is strong.

2) **A Strong Spirit Will Help You Receive From God**

The stronger your faith, the more you can accomplish.
“You can’t catch much with a Snoopy fishing pole.”

The stronger the pole and line, the bigger the fish you will catch.

The stronger your spirit is, the easier it becomes to receive.

Hebrews 6:12

Amplified Bible

Through faith and patience [endurance, constancy, standing your ground] we inherit the promises.

Reconsider your situation according to the Word.

3) A Strong Spirit Will Help You Hold on to What You Receive

Galatians 6:9

Amplified Bible

And let us not lose heart *and* grow weary *and* faint in acting nobly *and* doing right, for in due time *and* at the appointed season we shall reap, if we do not loosen *and* relax our courage *and* faint.

Hebrews 10:23

Amplified Bible

So let us seize *and* hold fast *and* retain without wavering the hope we cherish *and* confess *and* our acknowledgement of it, for He Who promised is reliable (sure) *and* faithful to His word.

a. Hold fast (GK) = keep firm possession of

b. AMP: "Let us seize and hold fast and retain without wavering...."

c. Hold fast. Don't be wimpy. Don't waver.

There is a God-ward side and a man-ward side to this.

God's side is that He provides all we need.

Man's side is that we have to use our faith and be doers of the Word.

1 John 5:4

Amplified Bible

For whatever is born of God is victorious over the world; and this is the victory that conquers the world, even our faith.

4) A Strong Spirit Will Help You Resist the Devil and Temptation

Ezekiel 16:30

Amplified Bible

How weak *and* spent with longing *and* lust is your heart *and* mind, says the Lord God, seeing you do all these things, the work of a bold, domineering harlot,

Proverbs 16:32

Amplified Bible

He who is slow to anger is better than the mighty, he who rules his [own] spirit than he who takes a city.

Ephesians 6:10-11

Amplified Bible

In conclusion, be strong in the Lord [be empowered through your union with Him]; draw your strength from Him [that strength which His boundless might provides].
11. Put on God's whole armor [the armor of a heavy-armed soldier which God supplies], that you may be able

successfully to stand up against [all] the strategies *and* the deceits of the devil.