

21 Days of
Prayer and Fasting

2015 FAST

January 5th to 26,
2015

Day 14

What did David mean when he said, "Deep calls unto deep," in Psalm 42? While Fasting, David's hunger and thirst for God was greater than his natural desire for food. As a result, he reached a place where he could cry out from the depths of his spirit to the depths of God, even in the midst of his trial. Once you've experienced even a glimpse of that kind of intimacy with the Holy Creator of the universe...and the countless rewards and blessings that follow, your worship changes.

On Your fourteenth Day of Fasting, remember:

Stay in God's Word

Go to your prayer time and prayer place

Listen to your favorite worship CDs

Maintain your journal

Focus on your meditation and listening for God's still, small voice

Mints

Physical and Spiritual Effects:

Weight loss continues

Bad breath continues

Cravings can be strong at times

Thoughts for your Journal:

Praise God for bringing you this far and thank Him for His steadfast presence.

Attention:

Read this > Luke 4:1-13

This will probably be the toughest week of this 21 day fast. You are getting closer to the end of this fast. Satan will try and tempt you every way he can. He doesn't want you to accomplish this fast. Read the word extra hard, Pray even more and Worship even Longer.

Prayer Focus Day 14: Discernment

Discernment is the ability to judge rightly. Just as Solomon prayed for wisdom, you and I can ask God to strengthen our discernment of people, of situations and of opportunities. It has to do with being sensitive to His Spirit, Which increases exponentially when you are fasting. So as you continue this journey, make it a point of prayer to ask God to increase your discernment of people, situations and more. And study His Word. As the writer of Hebrews reminds us, "For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart" (Heb 4:12)

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Place to write your praise reports!

Dear Friends, do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the world.
(1John 4:1)

Ephesians 3:20-21 Amplified Bible (AMP)

20 Now to Him Who, by (in consequence of) the [action of His] power that is at work within us, is able to [carry out His purpose and] do superabundantly, far over *and* above all that we [dare] ask or think [infinitely beyond our highest prayers, desires, thoughts, hopes, or dreams]—

21 To Him be glory in the church and in Christ Jesus throughout all generations forever and ever. Amen (so be it).

Father, I thank You for doing exceedingly abundantly above all that I could ask or imagine, according to your power that is at work within me. And to you be the glory in the church and in Christ Jesus, both now and forever. Amen.

Galatians 2:20 Amplified Bible (AMP)

20 I have been crucified with Christ [in Him I have shared His crucifixion]; it is no longer I who live, but Christ (the Messiah) lives in me; and the life I now live in the body I live by faith in (by adherence to and reliance on and complete trust in) the Son of God, Who loved me and gave Himself up for me.

Father, I thank You that I have been crucified with Christ. It is no longer I who live, but there lives in me Christ, and the Life which I now live in the sphere of this flesh, by faith I love it which faith is in the Son of God who loved and gave Himself for me.