

21 Days of  
Prayer and Fasting

# 2015 FAST

January 5th to 26,  
2015

## Day 13:

Scripture tells us in Hebrews 11:6 that "God is a Rewarder of them that diligently seek Him." The promise of God, found in Jeremiah 29:13, is "you shall seek me, and find me, when you search for with me all your heart. Fasting and praying is seeking God with all your heart. As long as you are seeking Him with all your heart, He will not allow you to give in to temptation. He is with you.

On Your thirteenth Day of Fasting, remember:

Pray and stay in God's Word

Drink lots of water –juice add some lemon to it

Rest to maintain your energy

Continue to focus on God

Maintain your journal

Mints will keep your breath fresh

Physical and Spiritual Effects:

Continued weight loss

Cravings may return

Thoughts for your Journal:

What are the various ways you can experience guidance from God?

Reflect on how you can resist more temptation in those next days as the hunger pangs continue.

### Prayer Focus Day 13: Right Body of Christ

Christians all over the world need prayer. In China, believers meet in secret locations in underground churches. If they are discovered, they risk being beaten, tortured, imprisoned and worse for their faith. In Ethiopia, believers are brutally attacked and suffer greatly when they refuse to renounce Jesus. In other hostile and closed regions like Cuba and Vietnam, brave believers share the Word of God with others at great personal risk. Even in our "Christian" nation, the cross of Christ and our beliefs are constantly under attack. So on those thirteenth day of your fast, concentrate in prayer on the Body of Christ-those who are suffering and persecuted for their faith, those who are struggling to hold on to their faith. And those whom the devil wishes to pick off from our younger generation.

Prayer targets within the body of Christ:

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God has combined the members of the body and has given greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it.

(1 Corinthians 12:24-26)

**Read the Scripture then pray the prayer afterward.**

**1 Corinthians 1:30 Amplified Bible (AMP)**

30 But it is from Him that you have your life in Christ Jesus, Whom God made our Wisdom from God, [revealed to us a knowledge of the divine plan of salvation previously hidden, manifesting itself as] our Righteousness [thus making us upright and putting us in right standing with God], and our Consecration [making us pure and holy], and our Redemption [providing our ransom from eternal penalty for sin].

**Father, I thank you that I am in Christ Jesus, who has become my wisdom, my righteousness, my sanctification and my redemption.**

**1 Kings 4:29 Amplified Bible (AMP)**

29 And God gave Solomon exceptionally much wisdom and understanding, and breadth of mind like the sand of the seashore.

**Father, I thank you that you have given me wisdom, great understanding, and largeness of heart like the sand on the sea shore.**

**2 Chronicles 1:10 Amplified Bible (AMP)**

10 Give me now wisdom and knowledge to go out and come in before this people, for who can rule this Your people who are so great?

**Father, I thank you that you have given me wisdom and knowledge, that I may go out and come in before Your people.**

**Colossians 1:9 Amplified Bible (AMP)**

9 For this reason we also, from the day we heard of it, have not ceased to pray and make [[a]special] request for you, [asking] that you may be filled with the [b]full (deep and clear) knowledge of His will in all spiritual wisdom [[c]in comprehensive insight into the ways and purposes of God] and in understanding and discernment of spiritual things

**Father, I thank you that I am filled with the knowledge of Your will in all wisdom and in Spiritual understanding.**

**Colossians 4:5 Amplified Bible (AMP)**

5 Behave yourselves wisely [living prudently and with discretion] in your relations with those of the outside world (the non-Christians), making the very most of the time and seizing (buying up) the opportunity.

**Father, I thank you that I redeem the time, for I walk in wisdom toward those who do not walk in it.**